

I just wanted to let you know that I have received the ShiroBliss system last week and it is simply awesome!

Thank you so very much for letting the genius come through you and create such a phenomenal machine that can deliver so much healing! 🙏

In gratitude,

Maria Anderson 2/2021

Still loving the machine immensely - I no longer dread giving this treatment! Doing 3 today!

Christina Vargas, A.H.P
Ayurveda Health Practitioner
Yoga Therapist
214-702-6825

I just set up the shirobliss machine. I just kept saying oh my gosh, no way!! Y'all have thought of every tiny detail of this beautiful machine. I think I'm in love and I haven't even used it yet! Thank you so very much. One day I pray I'll have a bigger spa and I would not even hesitate to buy another one of these. It's beautiful.

Blessings,
Denise Skinner

ShiroBliss is amazing so flawless, no oil spilled and no stress.

ShiroBliss is also so beautiful it is ART.

Thank you!!

Monique McDonell
Essential Ayurveda
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Karen Callahan
Again, thank you for your wonderful, healing design!

“I have done extensive amounts of research on automatic shirodhara machines and found that ShiroBliss is in a class all of its own. The craftsmanship, quality of the materials, silent operation, and clean-up are just a few qualities this machine offers. I couldn't be more happy with my V7.”

-Jade Martinez, Green Door Holistics, Dallas/Fort Worth TX

I have to tell you that we are over the moon happy with our Shirobliss. It works beautifully and has benefited many guests. Thank you for all your hard work and careful craftsmanship. We love it. Laura Pruss Inspire Bleu Spa

Our ShiroBliss is beautiful! Craftsmanship is a good description!
Your love and intention will no doubt enhance each session we give!
The ShiroBliss enables me to deepen my practice and serve more deeply.
Thank you Rick! ❤️ Ashley Osler

I have owned my ShiroBliss since 2013 and I LOVE it! It delivers a very quiet, temp controlled, constant stream of oil for my clients. You can have the stream set very still or you can cross it back and forth over the forehead using the pivoting arm. I have had to administer shirodhara by hand when visiting in India and each time, I really missed the ease and control of my ShiroBliss! Great, well made, well designed product!
Catherine Robbins

“Our clients comment on how deeply relaxed they feel when receiving a Shiro Bliss treatment and our practitioners are amazed at how easy and consistent it is to use.”
Ragaia Belovarak. Blue Sage Ayurveda

I love my ShiroBliss machine. Its sturdy, beautiful and functional, and the manufacturers are responsive and professional. x Thank you ShiroBliss! Haven Hefner

The ShiroBliss Shirodhara System is by far, the best investment I made in my home-based business, Blue Mountain Sanctuary, where I offer ayurvedic therapies. My clients love the quietude and the attention I'm able to give them while the ShiroBliss System does the rest of my work. The temperature is steady, the cleanup is minimal, and I just love giving Shirodhara to my clients with it. The ShiroBliss Shirodhara system fits snug in my SUV and I am able to provide home treatments to those with special needs, including health fairs and special events. Leslie Flynn, Blue Mountain Sanctuary

I was always a strong believer in the hand poured method of Shirodhara, until I used the shirobliss machine. It is beautiful, quiet, keeps the temperature just right and is really easy to use. I find I can hold a deeper meditative state while giving shiros instead of constantly worrying about oil temperature and pouring. Christine Timchak

[Louise Watson](#) god, wish I bought this one instead of the one by Ana Luque, given me nothing but problems that one!

We have been loving our Shiro Bliss Shirodhara unit. After 16 years of performing shirodhara in the manual way, we have been LOVING the simplicity and ease of our Shiro Bliss. It is absolutely quiet and it keeps the oil at a consistent and perfect

temperature. It has been the best investment to our clinic in 18 years. A true work of art, this unit is!!!! Vishnu Das, Blue Lotus Ayurveda

Other than not getting oil in the client's eyes the most important thing is correct and consistent oil temp. Heating oil in a pan and pouring into the shiro pot will never achieve this all the time. The ShiroBliss machine achieves this 100% of the time without any training or experience. The first time I gave a shiro it was perfect and every time after as well. I have had hundreds of shiros from experienced ayurvedic practitioners with the conventional equipment and it is often too hot or cold and noisy when they clank around getting the pan and pouring the oil. It is a joy to receive or give a shiro with this great system. Easy. Quiet. perfect bliss.
Chris Gleason

There is a hesitation that folks feel who have mastered (or keep trying to master) the manual technique brought on by the thought that it is important to put their energy into the therapy in that way. I believe you have expressed another point of view - the ability to focus on holding the healing space for the client free of concerns about temperature and oil flow. Sandra Radja, Artisan Wellbeing

Hi Rick,

I have been meaning to write you a thank you note for several years now! My shirobliss has been everything that I hoped for, super easy to use, reliable, and easy to clean. I have used it for spa work, demonstrations at the Aveda Institute in SF, for my own business and personal use. The other great thing is that it fits perfectly in the front seat of my car, which makes it easy to travel to private homes and give home therapies. I really have to say that using the Shirobliss is my most preferred therapy to give!

Thank you for such a beautiful machine and for all the work and research that you did to make it!

Best,
Fanny Clavier

I love my ShiroBliss! Only wish I had it about 25 years ago! Vijaya Stern, Living Rasa

The unit is outstanding and I have had clients who have had traditional shirodhara who comment on how clean and quiet it is. There was no issues with shipping to New Zealand and communication was superb right through the process. Robyn Mourie, Fusion Ayurveda, NZ

Rick, I absolutely love my Shirobliss! I used it today and was just thinking what a fine machine it is. Takes so much labor and distraction out of the protocol! Thank you!
Bret A. Mason AHP, CMT, RYT
Winds of Change Ayurveda

I am becoming an artist with your unit....I love it! great job rick....you are totally "the man" with this! "I couldn't be happier, to be honest with you. Seriously, I am so happy with this unit." (phone conversation).
David Jameson, Blue Lotus Healing Center

By the way, everyone loves the ShiroBliss. You really created something so beautiful and wonderful. We couldn't be happier. Thank you.
Terrie Absher, total glow spa in San Jose

PAAVANI Ayurveda has had the pleasure of owning a Shirobliss for almost 3 years. As we began to build our business, we knew that one of our first investments would be a Shirobliss machine. We had worked with the equipment before and were more than impressed in how seamless a Shirodhara therapy is with the help of the Shirobliss

It is incredibly easy to use and clean. It does not take up much room which is great for our therapy space. We love the beautiful look of the machine as well and the traditional copper bowl used to stream the oil

If you want a professional, clean, peaceful Shirodhara therapy experience, hands down, invest in the Shirobliss! Rick, the creator and owner of Shirobliss is an absolute pleasure to work with. Thank you for everything Rick
Trudy, owner PAAVANI Ayurveda

We are the recent proud owners of the ShiroBliss Elite V7 system. We just completed our 10th Shirodhara since the purchase and the experience for both Client and the Practitioner has been ... "heavenly". We are all familiar with the traditional method. It sounds great in theory until you try to put it in practice. A Practitioner simply cannot keep an eye on the Oil temp, dhara flow, oil level, 3rd eye position, client comfort and keeping everything "in tune" for almost an hour. I believe this is why it becomes a 2 Person job. There just has to be a better way.

That put us on the hunt for an Automatic Shirodhara Machine for well over a year now. There are less than a handful of options for the US market, but the ShiroBliss always appeared to be the cream of the crop on each research mission. Of course, it all comes down to the price tag. So what did we do? Made the horrible and costly mistake of NOT buying ShiroBliss from Rick Sanger. It's said that you have to fail your way to success. Well, we definitely failed by not opting for the ShiroBliss the first time around.

Let me share some details of this detour. If nothing else, I truly hope that no other Practitioner has to go thru the horrible money-losing experience that we had to go thru by choosing the less expensive option sold by namesake competitor called BlissLESS Mind Spa. The marginal price difference was tempting and we definitely fell for the scam which was a seemingly competitive unit. I say seemingly competitive because it cannot provide even 10% of the quality and consistency of what the ShiroBliss can offer. It is just not possible when comparing side-by-side. Bliss Spa is nothing but an unintelligent imitation resulting in an oily mess of design flaws. And that's not the worse part. It was shocking surprise to my core when the BlissSpa Owner advised me that there will be NO Returns and NO Refunds issued because from her point of view, it was me that did not know how to operate the 2 different units that were sent to me. (Hmm ... I figured out the ShiroBliss in about 5 minutes on the first try and its working flawlessly ever since. No Joke intended).

So long story short, I now have this unusable paper-weight from Bliss Spa and a loss of over \$2000. Forget Customer Satisfaction & Fair Business Practices. Bliss Spa is not even familiar with common Human Decency. But hey, lets move on from this mess. At times, it is important to share the Bad and the Ugly before truly understanding the GOOD!. ShiroBliss is absolutely positively GOOD!

From my point of view, ShiroBliss is the only rescue for Automatic Shirodhara machine. Besides un-boxing, it took me more time to read thru the well documented steps with pictures then to actually start using the unit. It is just too well thought out, practical and simple. And best of all, it pays for itself with each session. It felt like a challenge to opt for the ShiroBliss considering the other failed investment. But I can see that it was simply a no brainier. This should've have been our first and only choice. We needed a machine to automate some of the basic functions of Shirodhara like oil temperature, dhara flow, repeated consistency and practitioner comfort. I had to add Practitioner comfort because if we are not relaxed and comfortable proving said therapy then how can we expect the client to fell relaxed.

Sincerely,

Diggaj Vora
Business Manager

...we made the horrible and costly mistake of NOT buying a ShiroBliss, hoping to save on the marginal price difference of a different brand. After two months of trying to get it to work (and a replacement) we decided to try a ShiroBliss System. I figured out the ShiroBliss in about 5 minutes (on the first try) and its been working flawlessly ever since. Now I see that the other system is an unintelligent imitation resulting in an oily mess of design flaws. Worse yet, the company would not give us a return OR a refund. Hindsight is clear: ShiroBliss should've have been our first and only choice. D. Vora, Business Manager

" I LOVE IT. I enjoyed using it for myself. Great tool and very happy patients !" Marie Claude, practitioner

I LOOOOOOOVE my ShiroBliss. I learned how to do Shirodhara manually (pouring oil between the copper pot and then re-heating). The ShiroBliss makes it so easy and allows me to truly focus on the well-being of the client, focusing on how they are feeling and reacting to the treatment. Also, it's so quiet! I can barely tell it is running most of the time. It's also beautifully crafted. I am so thankful for this great product. My clients and family just love getting treatments. The ShiroPillow is excellent as well and makes the process of collecting the oil seamless — no plastic sheet noise to distract my client.

The ShiroMats are amazing too. I had a temporary scatter brain moment and overfilled a container when I was draining out the oil and cleaning the machine. A ton of oil spilled and the mat held every bit of it, saving my carpet. Again — well thought out product.

Thank you for your amazing, well-designed products. I will be recommending them to all of my fellow Ayurveda students. :)

Namaste,
Julane (practioner) 9/2016

“I love how compact the unit is and how little oil it uses, and how easily the cleanup is. There is so much more freedom to focus on the client when we don't have to worry about the temperature!” Saving 70% on oil used. Jennifer Johnson, director of Spa at Chopra Center

Shirodhara is a great therapy, but doing it the old fashioned way is frankly a pain in the rear, and difficult to pull off impeccably every time. The ShiroBliss device takes all the work out of it, and allows me to focus on the client, as opposed to the delivery. It's basically pour the oil in, and press a button. I've had mine for probably about 7 years, and it just keeps on working. Once I left it on accidentally over the weekend, and to my amazement, nothing bad happened. For shirodhara, this machine is a no brainer.

Dr. Jack Ebner
Founder: Omadawn Wellness Center and Yoga Studio

“We LOVE our Shiro bliss! So much easier to use than anything else. Thanks guys and gals!” – Michelle Magid, Ahara Rasa, Oregon

“The ShiroBliss has completely changed the way we do shirodhara in our spa. We have four machines and they are being used nearly continuously every day.” – Clinton H., Miraval Resort, Arizona

“There is no way we could provide the number of shirodhara treatments we do using “old school” methods - ShiroBliss systems are our saving grace! We love ShiroBliss!”
Clara Macy, Santosha Spa

"I think that I am in love with my ShiroBliss. I have been doing manual shirodhara's for far to long and I realized that I wasn't recommending them as much, because they were such a pain to set-up and clean up. The next day that I received my new shiro unit, I was scheduled a shiro first thing in the morning. I had no problems with set-up, it was so simple and the shirodhara was excellent. I'm really loving shirodhara's now!" Monica Tomasi

"I love using my shirobliss. It allows me to offer an even temperature and quiet experience for my patients without having to hover over them. Fantastic!" – **Jeff Perlman, Three Seasons Ayurveda**

"I highly recommend ShiroBliss. It is very apparent that much thought went into creating a product that is user friendly, effective and attractive. Our therapists, clients and students love it" -**Marisa Laursen, Director, Ayurvedic Spa & Healthcare Center, California College of Ayurveda**

"The ShiroBliss has been the workhorse of our Pancha Karma center for the past 2 1/2 years. I highly recommend it!" -**Sylvia Disney, California College of Ayurveda – Nevada City, CA.**

this machine is the bomb!
Grace (Oregon)

R- and I have been shiroblissed.
The experience was lovely, and oh-so-sooo quiet. Rick, we appreciate you putting in the extra hours on the motor.
Your piece of art is not only pleasing to the eyes but the ears.
P.S. (practitioner)

Dear ShiroBliss-

I can't thank you enough or with more sincerity for creating such an efficient, user-friendly and beautiful piece of equipment. I have administered many Shirodharas in my time and have experienced backaches, temperature regulation complications, laborious cleanup... all sorts of tedious issues that detracted from both the administration of the therapy and the effectiveness of it. Your machine simplifies the technicalities and stabilizes the variables inherent in the therapy as

per previously available equipment, allowing both me and clientele to experience deep benefits of the therapy without distraction or interruption. I feel great when I give a ShiroBliss shirodhara! That the materials and labor you use are both sustainable and local is icing on the cake. THANK YOU for a job well done!!!
Valerie – practitioner

Rick, The shirobliss is truly bliss! I have been having some very wonderful, fantastic, heavenly treatments! So easy to set up. Beautifully constructed. Great useful manual (although it does have a typo where you say to put the upper bowl below the table height). Overall a fantastic piece of equipment. Stephanie, practitioner

I love my machine too... it's silent and works great! Kim Kinjo

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*Hi Rick,
Just looked at the pictures as I have to get ready to head into town. Will look over the site better later. Wow! I'm jealous! The new machine is beautiful.....love that copper bowl! I love my machine too, don't get me wrong, it's silent and works great!
Best,
Kim*

Sneha or Snehana means both oil and love. This wonderful machine is lovingly crafted to administer oil with the love of the practitioner and the self love of the recipient for receiving shirodhara. Ayurveda is a journey full of love and oil and I feel this is the perfect machine to help me facilitate such a needed therapy in today's stressful world. The machine is built with love and caring, you can feel it. Isn't it appropriate that Shirobliss is full of snehana!?

Kim Kinjo 3/11/13

I love my ShiroBliss machine and look forward to every shirodhara I give because of it! So much gratitude...*Kim Kinjo, California*

Dear ShiroBliss- I can't thank you enough or with more sincerity for creating such an efficient, user-friendly and beautiful piece of equipment. I have administered many Shirodharas in my time and have experienced backaches, temperature regulation complications, laborious cleanup... all sorts of tedious issues that detracted from both the administration of the therapy and the effectiveness of it. Your machine simplifies the technicalities and stabilizes the variables inherent in the therapy as per previously available equipment, allowing both me and clientele to experience deep benefits of the therapy without distraction or interruption. I feel great when I give a ShiroBliss shirodhara! That the materials and labor you use are both sustainable and local is icing on the cake. THANK YOU for a job well done!! -Tona Leiseth, The Western Vedic — Clinical Ayurvedic Specialist (Idaho)

ShiroPillow =====

“We purchased the ShiroPillow and used it at an Ayurvedic Retreat. We used 1/2 gallon less oil than last year! With the pillow, we use less oil and our clients were much more comfortable. It's amazing – it makes such a big difference! There's no mess, we were able to position our client's hair easily and there were no oil spills on the floor. Thank you!” – Kim Keiler, Life Elements Yoga and Ayurveda, Maryland

“The ShiroPillow is a blessing! It has made giving shirodhara on a massage table so joyous and easy! It is an investment I am ever so grateful for every time I think about how complicated shirodharas on a massage table were before this!” -Aruna Deva

What a wonderful machine you have created - it looks beautiful and as you say it's whisper quiet. More importantly, I have had terrific results among my patients - just the other day a lady (who has severe depression and anxiety) noted that she 'felt like a completely different woman' after the treatment. Great stuff.
Samantha-Stent

Amarnath Matthews, C.A.S., P.K.S., C.M.T, is a graduate of the California College of Ayurveda with certifications as a Clinical Ayurvedic Specialist and Pancha Karma Specialist. He received his massage therapy certification from Bryman College and is a certified Reiki practitioner. He currently serves as the Director of the College's Pancha Karma Center and has traveled to India where he spent six months deepening his ayurvedic studies. Amarnath is a devotee of Sri Mata Amritanandamayi (Amma), the great spiritual Saint from India.